

## PORTUCALENSE UNIVERSITY

### Erasmus+ Info Sheet

| GENERAL INFORMATION                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| Full legal name of the Institution            | Universidade Portucalense Infante D. Henrique                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Full legal name of the Institution in English | Portucalense University                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Erasmus Code                                  | PPORTO07                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Address                                       | Rua Dr. António Bernardino de Almeida, 541<br>4200-072 Porto<br>Portugal                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Head of Institution/Rector                    | Dr. Armando Jorge Carvalho/ Prof. Fernando Ramos                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Institution's website                         | <a href="https://www.upt.pt/en/home/">https://www.upt.pt/en/home/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Facebook page                                 | <a href="https://www.facebook.com/portucalense">https://www.facebook.com/portucalense</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Erasmus University Charter Number (EUC)       | 29200-LA-1-2014-1-PT-E4AKA1-ECHE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| PIC Number                                    | 949569861                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| CONTACT DETAILS FOR MOBILITY                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Erasmus+ Institutional Coordinator            | Goreti Sousa, PhD, Head of the International Office<br>Email: <a href="mailto:goretisousa@upt.pt">goretisousa@upt.pt</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| International Relations Office                | Susana Correia da Silva, M.A, Erasmus coordinator<br>Office 518 (5th floor)<br>Tel.: +351 225572587<br>Email: <a href="mailto:susanac@pt.pt">susanac@pt.pt</a> and <a href="mailto:incoming@upt.pt">incoming@upt.pt</a><br>Incoming Mobility   ICM Projects   Inter-institutional Agreements<br><br>Susana Carvalho, Erasmus coordinator<br>Tel.: +351 225572130<br>Email: <a href="mailto:susanac@pt.pt">susanac@pt.pt</a> and <a href="mailto:outgoing@upt.pt">outgoing@upt.pt</a><br>Outgoing Mobility   BIP   Financial Management                                                                                                                                                                                                                                                                                                                                                                         |
| Other Representatives                         | <b>Vice-Rector for Education and Mobility</b><br>Prof. Elizabeth Real<br><a href="mailto:reitoria.secretariado@upt.pt">reitoria.secretariado@upt.pt</a><br><br><b>Department Coordinators</b><br>Department of Architecture and Multimedia Gallaecia<br><a href="mailto:erasmus+_damg@upt.pt">erasmus+_damg@upt.pt</a><br>Department of Economics and Management<br><a href="mailto:erasmus+_deg_gestao@upt.pt">erasmus+_deg_gestao@upt.pt</a><br>Department of Law (Law and International Relations studies)<br><a href="mailto:erasmus+_dd@upt.pt">erasmus+_dd@upt.pt</a><br>Department of Psychology and Education<br><a href="mailto:erasmus+_dpe@upt.pt">erasmus+_dpe@upt.pt</a><br>Department of Science and Technology<br><a href="mailto:erasmus+_dct@upt.pt">erasmus+_dct@upt.pt</a><br>Department of Tourism, Heritage and Culture<br><a href="mailto:erasmus+_dtpc@upt.pt">erasmus+_dtpc@upt.pt</a> |

| <b>PRACTICAL INFORMATION FOR INCOMING STUDENTS</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Homepage for incoming Exchange students</b>     | <a href="https://www.upt.pt/en/international-relations-office/">https://www.upt.pt/en/international-relations-office/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Academic Calendar</b>                           | <p><b>First semester</b></p> <p>Bachelor's: Classes: 2nd week of September – 3rd week of December<br/>Exams: 2nd week of January – middle of February (including re-sit exams)</p> <p>Master's: Classes: 2nd week of October – 2nd week of February<br/>Exams: 2nd week of February – 1st week of March (including re-sit exams)</p> <p><b>Second semester</b></p> <p>Bachelor's: Classes: 2nd week of February – 2nd week of June<br/>Exams: 3rd week of June – 3rd week of July (including re-sit exams)</p> <p>Master's Classes: Middle of March – Beginning of July<br/>Exams: 2nd week of July – Last week of July (including re-sit exams)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Course catalogue</b>                            | <p><a href="https://www.upt.pt/en/home/departments/">https://www.upt.pt/en/home/departments/</a></p> <p>The default language for teaching is Portuguese. However, when Erasmus students are enrolled in any course:</p> <p>1) Materials for theoretical and practical lectures are provided in English on the Moodle e-learning platform.</p> <p>(2) Software is available in English in the computer labs.</p> <p>(2) Incoming students may attend lectures together with local students, offered in English or in both English and Portuguese. - Bach. International Relations, Bach. Engineering, Bach. Tourism, Bach Hospitality Management; Bach. Multimedia &amp; Arts; Integrated master's in Architecture.</p> <p>(2) Teachers schedule tutoring sessions for Erasmus students to follow weekly assignments, host students' presentations... – Bach. Economics, Management, Marketing...</p> <p>Free courses each semester<br/> <i>Portuguese as Foreign Language</i>, Level A1, 60h, 4 ECTS<br/> <i>Portuguese Culture</i>, 30h - 2 ECTS<br/>           It includes lectures and visits to Porto's and other cities' heritage.</p> |
| <b>Application and Nomination Deadlines</b>        | <p>For the 1st Semester: 30th June</p> <p>For the 2nd Semester: 2nd December</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

## PRACTICAL INFORMATION FOR INCOMING STUDENTS

### Accommodation

UPT does not provide housing for foreign students.  
The IRO updates the search modes yearly.

- **Private Students' Residences**

<https://amroestudiantes.es/en/property-porto-en/>  
<https://www.beyoo.pt/residencia-universitaria/porto/studyu-porto/>  
<https://livensaliving.com/en/student-accommodation-oporto/student-accommodation-porto-campus/>  
<https://livensaliving.com/en/student-accommodation-oporto/student-accommodation-porto-boavista/>  
<https://livstudent.pt/residencia-estudantes-porto/polo-universitario/>  
<https://livstudent.pt/en/porto-student-residence/the-campus-street/>  
<https://www.nidoliving.com/en-gb/portugal/porto>  
<https://www.odalys-campus.com/en/residences/student-residence-in-porto-porto-granjo-centro/>  
[www.portoconcepthome.com](http://www.portoconcepthome.com)  
<https://roofresidence.com/>  
<http://www.spru.pt/>  
<https://studyu.eu/en/>  
<https://xior.pt/en/location/porto/>

- **Open access platforms**

[http://www.bquarto.pt/porto/quarto\\_porto\\_-](http://www.bquarto.pt/porto/quarto_porto_-)  
<https://erasmuslifehousing.com/>  
[Rooms for rent in Porto, Portugal — idealista](https://www.idealista.com/en/rooms-for-rent-in-porto-portugal)  
[www.inlifehousing.com](https://www.inlifehousing.com)  
[Rentals in Porto: apartments/flats & rooms for monthly rent | Spotahome](https://rentals.inlifehousing.com/apartments/flats-rooms-for-monthly-rent-porto)  
<https://studentathome.net/>  
<https://student-room-flat.com>  
[Rooms, Studios & Apartments for Rent in Porto - Uniplaces](https://www.uniplaces.com/en/rooms-studios-apartments-for-rent-in-porto)

- **Erasmus house**

<https://www.erasmusroomsparto.com/>

### Health/Liability Insurance

The European Health Insurance Card ensures that students receive healthcare in the event of illness or accident, offering comprehensive coverage.  
Medical expenses follow the local health benefit schedule.

Non-EU/EEA citizens must have health insurance for the entire duration of their mobility period, as national schemes do not cover these costs. This insurance should cover doctors' fees, prescribed medicines, tests, urgent dental care, hospital expenses, and surgical fees. PB4 document for Brazilian citizens.

Additional optional insurances can be considered with guidance from the sending institution. These may include: Civil liability for physical or material damage to third parties. Treatment, repatriation, funeral expenses, death, or permanent disablement. Theft or loss of documents (e.g., ID, passport, travel tickets). Travel between home and host institution.

## PRACTICAL INFORMATION FOR INCOMING STUDENTS

### Visa

Higher education students holding a residence permit granted by a Member State of the European Union and covered by a European Union or multilateral program with mobility measures, or by an agreement between two or more higher education institutions, are authorized to enter and remain in national territory to carry out part of their studies, including to engage in professional activity for a maximum period of 360 days, provided they **notify AIMA<sup>1</sup>** [comunicacao.mobilidade.ue@aima.gov.pt](mailto:comunicacao.mobilidade.ue@aima.gov.pt) up to **30 days before the start of the mobility period.**

Necessary Documents:

- Valid passport;
- Criminal record by the EU country's government where the student lives
- Residence Permit issued by the Member State of his/her residence, valid for the totality of the period of stay, **mentioning the purpose: Higher Education student;**
- Health Insurance;
- Evidence of the means of subsistence (scholarship, social benefit, money...)
- Evidence of having been admitted to a higher education institution under an EU mobility programme or an agreement with the higher education institution of origin;
- Evidence of tuition payment, if applicable;
- **To fill out the Form**

<sup>1</sup> Agency for Integration, Migration and Asylum  
<https://aima.gov.pt/pt/estudar>

### Transcript of Records

The Academic Office issues the Transcript of Records in English up to 5 weeks after the students return to their home university. It includes an explanation of the institutional grading system.

In Portugal, the ECTS grading scale is a supplementary system to the national 0-20 scale, which ranges from **A (Excellent)** for a score of 18-20, down to **E (Sufficient)** for a score of 10-11.

The ECTS grades are used to facilitate academic recognition between institutions and are generally as follows:

A (18-20) B (16-17), C (14-15), D (12-13), and E (10-11).